

Healing Mediumship

Healing mediumship is often thought of as the poor cousin, second to the practice of proving the survival of the individual after the change we call death that is achieved through mental mediumship. However all mediumship is healing, not just for those here receiving messages from those who they love in the spirit world but for the communicator too, even though they have died. Think of the messages that you have heard mediums give, they are so often full of messages of love, hope, forgiveness and so many other human emotions which so often we tend to avoid waiting for that day when it feels right to approach a difficult subject, that day of course never comes and often people's lives end with so many unresolved issues. Think of the benefit that being able to deliver such a message can have, especially for those who did not believe they would survive physical death or who were against such communication before they died.

So many unresolved issues can be dealt with after someone's passing to the spirit world through the gift of mediumship, helping put right much of what the deceased had got wrong before their death and may have put off for a whole host of reasons. Added to that can be the joy that many feel who find themselves alive after physical death and finding out that they can communicate still with their loved ones can come as a shock to many and is part of the process of healing and acclimatisation to their new home. So often messages contain some sort of change of attitude or opinion which has come about through this healing and as mediums when you are able to bring about some sort of reconciliation or reunion between the two worlds you can feel the solace that

the communicator takes in being able to show their love to those they had left behind.

The medium who is truly in service to the spirit world will be aware of this fact and will spend much time in a communication comforting, encouraging and helping those in the spirit world communicate and find this solace. Of course every person is different and we are the same after our death as we were before and it can take a while for those who arrive in the spirit world to overcome whatever it was that debilitated them, for others they can communicate very quickly. The medium is part of this healing process and I believe it is this aspect of mediumship that so often we forget when we say that it is for the proof of survival as it does not take this into consideration. As mediums we need to be aware of the needs of those in the spirit world and try and serve them as best we can. I believe that when we have that intention the spirit world will respond and we will attract those who will benefit from the communication as well as the benefit that a good message can have on those they have left behind.

The practice of spiritual healing is also a good way to begin development as it opens up so many levels of awareness and, as it is a form of service, helps develop the medium spiritually. Many mediums start out with spiritual healing and then naturally progress onto developing their mental mediumship as spiritual healing opens up the psychic awareness and intuition of the medium. When working with spiritual energy the medium naturally begins to be aware of its active intelligence which works through the medium but seems to find out exactly where it needs to go to.

There is a strange conundrum here as the energy of spiritual healing is active but the medium has to be passive within it, get out of the way to a certain extent so

that the energy can work. A medium delivering a message works in a similar way in that the more the medium can get themselves out of the way the better the communicating spirit will be able to blend with them and impart whatever information the medium needs to relay so as to bring about what is required. Spiritual healing therefore is a wonderful way of teaching the developing medium about energy, the auric field and how it acts when it surrounds a healthy body and how disease and illness show up in it. Spiritual healing also helps develop the ethic side of the mediums nature, it can be very difficult working with people who may well be very sensitive as they try to find something to alleviate their suffering.

The healing medium must follow closely the code of ethics for its practice, this will mean that the medium should always show the utmost respect and compassion to whoever comes in need of healing. The healer should not mix disciplines, healing is not the place to be passing on messages from a loved one in the spirit world, there is a time and a place for that. The sense of discipline is vital as the medium develops and even more so in the early days of development. Boundaries are very important but one of the most neglected areas of our spirituality as so often we mix up sentimentality with spirituality. Sentimentality is doing anything and everything that someone else wants which is spiritually unhealthy both for the medium and for whoever the medium is trying to help. Whereas spirituality is accompanying someone on their journey, encouraging them to face and overcome whatever challenge they face. To do this allows someone to mature and grow stronger, it is the similar to what parents with their children knowing that if they protect them from every knock and scrap they will become weak, sometimes we have to let our children fall so that they can stand on their own two feet.

The medium should also be aware of their own level of health, it is irresponsible for the healer to carry on healing when they are suffering from some sort of disease or problem and their code of ethics should be strong enough that they stop themselves from giving to others when they are in need. There is a time for giving and a time for receiving, the problem is that for many of us giving is so much easier than to receive, we struggle with accepting help for so many reasons but this fact means that our spiritual lives are out of balance and we need to recognise that fact and work on it. This is hard for many people especially if we have been taught that it is spiritually wrong to ask for our needs to be met and that spirituality was all about giving to others but of course it is as wrong to be selfless as it is to be selfish. It is all a matter of balance but we have to realise that we are important and that what we do makes a difference. We effect people in our lives, not just through what we say but what we do too and spiritual healing is a wonderful way of starting both our mediumistic development but also furthers our spiritual development.

Developing mediumship will change you, it will transform your character and personality and we shall talk about that next week.

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