

Sunday Service December 6th 2020

Written and recorded by Gina Langsfield

during the closure, for the

Spiritualist Association of Great Britain

Good afternoon Ladies and Gentleman, this is Gina Langsfield, speaking to you on behalf of the SAGB. And, giving you a warm welcome to our Sunday Reunion. For those joining us on zoom please welcome our Medium for today Dorothy Young, and our manager Karl Duncan who is our chair person for today.

Would you like to join me please in prayer

Dear God, loving Spirit

On this day that we have been given news which uplifts the hearts of so many we say simply, thank you.

Please send comfort to those who mourn and all those suffer so greatly in any way at this time, and help us all do to do know what we know is right and to trust in Spirit's strong arm helping us to keep a steady resolve.

Amen

First glimpse of the rainbow

Much earlier this year I read to you my poem, 'The Rainbow of Hope.' Pictures of rainbows also began to appear in windows and in buildings across the land and we all hoped that another brighter day wasn't far away.

That rainbow is here, that other brighter day soon will be here. The first vaccine is approved and our scientists have triumphed. Influenced and aided as we know, though they may not, by our scientists in Spirit.

We know sadly that for most of us this Christmas season won't be the kind we normally enjoy. But our sadness is now balanced however with a festive feeling of a different kind, our Christmas gift is the promise of 2021, the journey we will start out on towards the return to normal life, family, friends, loved forms of work, trips, holidays and celebrations and everything else we've all missed so much. Including for us the hope of our return to our beloved SAGB and the precious contact with Spirit loved ones on a regular basis again.

These are the prizes our rainbow promises us, but we can choose to do even more than that, we can use the symbol the rainbow to add more colour and hope to the way we continue to live our lives.

We could choose to take the lilac of a rainbow to help us become more spiritual and less mercenary in our priorities.

We could use the symbol of the red to give us strength of character.

Blue, to let healing rays enter our own hearts and help us to send healing thoughts to others.

Yellow, to teach us to become sunnier in disposition and less abrasive in our words to others.

And so on, letting colour work in our lives in much the same way as we use the power of music to uplift our hearts, release our emotions and feel closer to Spirit.

Colour and music play a large part in Spirit life. Let us make a fresh start as we take our first steps along the road back to normal life by us playing a large part in Spirit life too, after all are we not Spirit even while we still live here in the physical world.

Our two worlds are linked enabling us to enjoy some of the beauties of each if we just make the decision to allow more spirituality into our life. Maybe we can't all have the gifts of mediumship or direct healing but we can all listen with the ears of Spirit, see through the eyes of Spirit and feel with the heart of Spirit. That is our spiritual heritage.

Most of us don't want a new normal we want the old normal that we know and love but we can choose to make the growth of spirituality a part of our normal and by doing so never have to lose that feeling of upliftment which today self links to our symbolic rainbow have given to us.

On behalf of our manager Karl and the Trustees, our staff, mediums, healers and as always myself, stay safe, stay positive and strong in the resolve that we shall meet again very soon.

Spoken and written by Gina Langsfield

Background Music – There'll come another day.