

Intuitive Arts

It is by healthily awakening to the various forces within our life that all areas of existence become integral parts of a spiritual whole.

~ Glyn Edwards



From *Glyn Edwards: A renowned medium remembered*

www.mindbodyspiritonline.co.uk

Extract from the book 'Glyn Edwards: A Renowned Medium Remembered', compiled by Santoshan (Stephen Wollaston)

Psychic and mediumistic powers have manifested in many of the inspiring spiritual traditions of both the East and West. They have been experienced in numerous mystical and spiritual states and stages of awareness and are common to many people. Powers that we call psychic have no boundaries, whether they manifest mediumistically, artistically or as pure intuition. They exist in an infinite variety of forms and can possess great value in the different ways they manifest.

The intuitive self, the knower that knows the unknown, the shaman that sees into the vision quest, the yogi that develops the *siddhis* (miraculous powers), the seer that sees into the possible, the sensitive who has the ability to communicate with many levels of life and with those that we love, will all come to discover there are no limitations to the numerous powers they possess. They are all facets of our true spirit Self. Even the power of creative thought, which can bring communities together, is in many respects one of the greatest gifts. Yet all powers ultimately interconnect and can influence one another in numerous creative ways.

The artist that paints, expresses psychic impressions within herself by what she sees, hears or feels. The orator, the poet and the teacher uses her creative powers in numerous levels of expression that draw upon intuitive psychic skills. The word psychic comes from the Greek word *psyche*, which dictionaries describe as soul/personality, mind/consciousness/mental

processes, and spirit/innermost being, and sometimes define it as the breath of life. It is a part of ourself that is invisible but nonetheless real.

In the first coauthored book I did with Santoshan, we pointed out how we can know nothing of physical life if it were not for our psychic senses, as everything we perceive is processed through them. Every day of our physical existence, we encounter and experience psychic impressions and relate to daily life through them in the different ways we think, speak and act. We experience everything in symbolic form, which has symbolic meaning to us, including language and all other sensory data. Our mind and conscious awareness perceive all things as psychic images, sensations, energies and vibrations, which then influence us and express themselves in and through our being. Whether we realise it or not, we daily live in a psychic world, and creative and mediumistic abilities interconnect with this, as well as with transforming realms of spirituality. It is by healthily awakening to the various forces within our life that all areas of existence become integral parts of a spiritual whole.

Worlds within Worlds

The worldwide interest we see happening into realms of psi-phenomena, prophecy, seership, mediumship and spirituality show a growing thirst for something more than just egocentric existence. All these things are filled with creative potential, transforming wisdom and infinite possibilities.

We can look to these areas of ability and understanding as entrances to invisible worlds that can lead us to realised knowledge and different ways of being. They are not worlds of entertainment or about escapism but facets of being that can be both life affirming and transforming. They are about discoveries of inner powers that open us to our true purpose and a profound understanding of life's deepest mysteries. They show us that we are more than just our bodies – that our individual being and consciousness are facets of an essential spiritual Source.

This obviously is not a denial of crucial spiritual gifts we possess such as our compassionate nature or reflective and healthy reasoning abilities. But we need to be careful of following paths that focus *solely* on the heart, without including wisdom and flexible contemplative states of mind. For when the heart and mind are in balance with one another, the reflective, reasoning and wise parts of ourself can be used to *healthily* expand our understand of life. They are integral parts of spiritual growth, just as much as compassion is, and link with intuitive states of knowing.

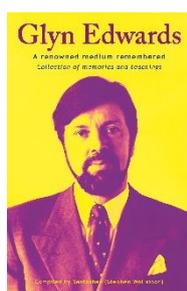
All of our abilities need to be included and harmonised with one another in order to establish authentic stages of wholeness and unfoldment. We physically exist because of our spiritual origins. The spirit seeks to express itself through our body, mind and feelings in order to influence and harmonise all that we do and are. There is no end to our evolvment and the potential within us. It is only we who limit ourselves with inhibiting beliefs about our spiritual nature and inherent gifts.

When we focus on and work with our inner abilities, we unfold mediumistic powers and the vision of the seer and the prophet. Nothing then remains hidden or unknown. We allow our growth to unfold naturally and become aware of our own authentic spirit and the many levels of divinity and creativity that exist, including the ability to communicate with spirit helpers who connect with numerous realms of existence. And when we awaken to these realms, we come to realise how all things exist in the Divine and the spirit world, and how they are profoundly interwoven.

If we are open to allowing it, this awakening can influence us in daily life, lead us to discovering our finest qualities and to realising that life never dies; it only changes its state and is eternal. Ultimately, unfoldment leads us to our authentic Nature, which has been interpreted in different ways by different traditions: as spirit, *sat-chit-ananda* (pure being, consciousness and bliss), original goodness, the Divine Self, and our Buddha Nature. Through searching we come to ask the age-old questions: “Who am I?”, “What am I?”, “Why am I here?”, “Where am I going?” and “What is creating the appearance of separation from my authentic spiritual nature?” Such questions lead us to a discovery of our greatest qualities of love, compassion, kindness and unity with all things, life, people and species. For if all is interrelated, we cannot consider the suffering of others as being separate from ourselves.

Do you have the courage to awaken to and live this radical vision and the truth that can set you free? Spiritual empowerment is in the discovery of who we truly are, which includes the deepest implications for spiritual living. Our spirit knows the means of expressing the light of our authentic being. We only need to listen to its call and be inspired by its profound influence.

* * *



'Glyn Edwards: A Renowned Medium Remembered is a unique collection of Glyn's inclusive wisdom on spiritual and mediumistic realms of unfoldment as well as a wonderful tribute book that honours his life and work. Paperback and eBooks editions available. Amazon Kindle <https://www.amazon.co.uk/Glyn-Edwards-Remembered-Collection-Teachings-ebook/dp/B087C6JMHH/> and paperback from www.mindbodyspiritonline.co.uk



Glyn Edwards worked as a medium for over forty years and was regarded one of the finest mediums and teachers of spiritual and mediumistic science in the UK.