

Poem for Sunday Service for Mother's Day 22nd March 2020

**Written and recorded by Gina Langsfied during the closure
for the Spiritualist Association of Great Britain at this time**

*Hello everybody, it's lovely to be speaking to you at and very sad that we can't be together, in person this Mothers Days as always. But I know we still all want to connect with mothers, both from the spirit world and also of cause those amongst you, who won't be able to be psychically be with your mothers still on the earth plane this particular year. Never the less we all know our mothers are thinking of us just as much, whether here or in spirit and I'm about to read you a poem which is called **Lean Upon Me** which is a mother's message from spirit.*

Lean Upon Me

*Earth life is sometimes not easy, somethings feel so cruel and unfair
but whenever sorrow hits you lean upon me and I'll be there.*

*I shall protect you from the spirit realm and be your guiding light
so never doubt that I am there to lean upon, even though I'm out of sight.*

*Sometimes paths on earth are rocky and it's so easy to stumble and fall
but whenever you see a rocky road ahead, it is to me you have to call.*

*For always I shall come to you, just as I did on Earth no matter which sphere I
may be residing, I protected you from birth.*

*You were one of God's greatest gifts to me and never shall I fail you,
so never doubt I am close to you when Earthly grief fails you.*

*Do you not still remember how I kissed you better- when you fell? Well I still
do the same emotionally, for all that is gone is my earthly shell.*

*I am still the mother you can turn to. I still hold you close to my heart
You may not still see or hear me we are still never far apart.*

*Do you believe my love for you could diminish? Why if anything it is even stronger. So
please don't cut me out of your life, just because I could not stay on Earth any longer.*

*When you cry, I wipe away your tears, when you laugh my heart is lightest.
When fear clouds your judgement, I try to guide you what is right.*

*You are not just a part of my Earthly body but we are bonded spiritually together. For
we share soul companionship that physical death has no power to sever.*

*So, hold your head up high my darling child and rest assured without a doubt,
that I shall walk the path of Earthly- life, I shall always be about.*

*Though my voice you may not hear for a little while and my face you may not see. I live
on and walk beside you, and you can always lean on upon me.*



*This is Gena, and on behalf of Karl, the management and staff, the mediums and healers
of the SAGB. I wish you a hopeful, peaceful and spirit blessed Mother's Day,
God Bless You*

Poem - Lean Upon Me © and spoken word by Gena Langsfield

Background Music, Dame Vera Lynn - We'll Meet Again

Transcribed by Jackie Poole - Member and Healer

*Recording played at the SAGB at 3:30pm Mother's Day.
To an auditorium of spirit*