

## Deeper Dimensions of Mediumship (extract)



If we look at the early years of modern Spiritualism, we find accounts of spirit communicators bringing not only messages about continuous human progression and survival but also seeking to encourage a recognition of the profound unity we have with *all people and all life.*

~ Glyn Edwards

From *The Potential of Mediumship*  
(expanded edition)

[www.mindbodyspiritonline.co.uk](http://www.mindbodyspiritonline.co.uk)

Extract from the expanded edition of 'The Potential of Mediumship' by Glyn Edwards, compiled by Santoshan (Stephen Wollaston)

Mediumship's prime aim is of course to prove survival after death of the physical body. But is this *the whole* of what mediumship is about?

If all life, including not only realms of human life but also the natural world – of which we are a part – are expressions of the spirit, it then follows that it would be beneficial to expand our understanding of the spirit world in order to awaken to other spheres of awareness that link us profoundly with life and its evolvement.

In the light of such an inclusion and awareness, I feel it is important to reassess the central core of mediumship so it not only includes messages of human survival but explores other essential fields of unfoldment. I am thinking here of areas which are not just message or human focused but encompass more than mediumistic and human life. For I believe that without this wider embrace, it will be difficult to move healthily forward in our development.

### **The message of the spirit**

If we look at the early years of modern Spiritualism, we find accounts of spirit communicators bringing not only messages about continuous human progression and survival but also seeking to encourage a recognition of the profound unity we have with *all people and all life.*

Many reports of early spirit communicators show them focusing on wide topics of spirituality, and displaying a deep interest in Earth's physical evolution, as well as human ideas and beliefs – spiritual, religious, social, scientific, political and so on – and how all of these affect us. They displayed an awareness of how some nations developed a false sense of human, religious and/or racial superiority and how such things are harmful, as they cause an unhealthy separation between people and promote a separation of humans from the natural world.

If we consider how there are still growing divisions in the world and a rise in environmental damage, we as presentative of the spirit need to consider working against such beliefs and activities and consider promoting the unity that is recognised and propounded by the spirit.

Ultimately there is no true separation between people and other life, either in this life or after physical death. We are essentially one spirit that is without boundaries and interconnected equally with all.

This deeper dimension of spirituality and mediumship requires us to work healthily on ourselves in order to overcome limiting perceptions and cultivate an openness that is capable of embracing our true being and spiritual potential so they can be realised, embodied and wholesomely expressed. Spirituality and mediumship, their development and unfoldment, need to be understood as paths for bringing about these changes of perception that awaken us to wholesome transformation.

Until such a healthy point of attunement is established, we will obviously not be able to implement and live deeper dimensions of spirituality and mediumship. In order to reach such a stage, we need to look at what is happening within our lives and our psychological selves, as both spirituality and mediumship connect with the mind and the whole of our existence, and are influenced by and expressed through numerous levels of life and experience.

If we allow it, mediumistic phenomena will seek through the deeper levels of our being to bring about changes in our perceptions, beliefs and any inhibiting qualities we have. Though it should be mentioned that this happens without demand, as the choice and responsibility for embracing such changes is left up to us to make.

### **Healthy approaches**

Healthy approaches to mediumship are about considering whether we are merely the products of others who may have trained, spoken and/or lectured to us about its unfoldment, and what it does or does not include. As no two people are the same, no two people's paths will ever be identical. What might be beneficial for one person, might not be for another.

From my experience as a teacher I have found it helpful to examine things from the individual perspectives of my students and to encourage them to explore their own experiences, strengths, interests, knowledge and potential in order to discover their own insights about their growth.

Through this they develop their mediumship in openly unique ways that do not require them to leave things out that they may hold as important such as other fields of knowledge, development and spirituality.

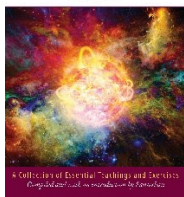
Instead of being restricted by aims to make everyone work, think and teach in the same way, which is psychologically unhealthy, they are able to become mediums and teachers that embrace more inclusive realms of activity. I make this point because of concerns I have about focusing solely upon human survival to the exclusion of other fields of development and the oneness and survival of *all life* and the responsibilities we share for the welfare and harmony of all.

When we look deeply into mediumship, we discover that it in fact connects with numerous spheres of existence. The spirit world permeates all, not merely spirit communication. Of course, there are different opinions people have, but an acceptance of difference is not the same as promoting a one cap fits all ideal.

Because mediumship touches every level of human life, the spirit world is interested in the welfare – mentally, physically and spiritually – of the whole of our being and the whole of our Earth-life. For I have often noticed, which I'm sure the early pioneers of Spiritualism must have also observed, those in the spirit world endeavouring to make us aware of how interrelated and interested they are in all levels of existence.

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Glyn Edwards  
The Potential of  
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*'The Potential of Mediumship: A Collection of Essential Teachings and Exercises (expanded edition)'*, presents an inspiring collection of teachings, along with numerous essential exercises for unfolding mediumistic and spiritual gifts. Paperback and eBooks editions available. Amazon Kindle <https://www.amazon.co.uk/Potential-Mediumship-Collection-Essential-Teachings-ebook/dp/B0876FZBJ9/> and paperback from [www.mindbodyspiritonline.co.uk](http://www.mindbodyspiritonline.co.uk)



**Glyn Edwards** worked as a medium for over forty years and was regarded one of the finest mediums and teachers of spiritual and mediumistic science in the UK.