

*Reflections with Dorothy Young*

# ETERNAL PROGRESS OPEN TO EVERY HUMAN SOUL

Thoughts and a moment of reflection

From the Silver Birch Series

## ***A VOICE IN THE WILDERNESS***

Words from Silver Birch

*'Every experience has its advantage and disadvantage. The higher your soul evolves the greater is the progress it has made - but the more it knows there is to be evolved. That is its disadvantage, it is more dissatisfied. The more sensitive you become to beauty, the more sensitive you are to ugliness. The higher you rise, the lower you can sink.*

*'Life is shadow and sunlight, calm and storm. An even monotone is not life; life is composed of happiness and joy with occasional sadness, for it is only by having these extreme divergences that character can grow and experience come to the soul.*

This is a difficult time right now. It may be that you are finding it difficult to have your sense of direction. Many of us are so out of our normal routine and sense of purpose. We may be tackling loss of employment, making claims to find a source of income or reorganisation as never before. None of us like change or times of uncertainty. I know you will agree with me that this is part

of the human experience and at different times in our lives we have found the similar challenge to a greater or lesser degree. What changes you may ask?

Given this to be the case then we will continue on not out of choice but to survive and go forward. The life lesson to progress.

We see a situation in its dynamics to be what it is, truthful or created as history that may well repeat itself in different scenarios. We are here to navigate our way through, willing to change and willing to learn about the impact on our fellow man, woman, child and all animal and marine life. The planet itself.

As we adapt then we realise that all gives us a moment to learn, adapt and change.

We may have a great desire as we change to assist mankind.

We cannot make a difference to that around us until we have made the necessary change within ourselves.

We accept as part of this process of change that we are part of universal energy. An oneness that so we are part of the whole bathed in universal love, nothing happens without a reason and nothing is wasted as we progress. We learn by mistakes so we can value this and out of reflection we are allowed to take another go at doing things differently. How amazing that we sit always within the new dawn of change to create a different outcome. We can abolish the phrase 'if only'. An often used saying 'no good crying over spilt milk'. It may require an apology or in the change of heart an outpouring of love to embrace bringing closure on a situation to be able to make amends and renew relationships. There are always many factors involved.

The most important of it all is the change within us. It is true that for us to progress within the Spiritual Pathway change must take place loving ourselves and being kind to ourselves.

No way does all happen overnight. It can take the lifetime that we have. But sure we know that once this wisdom is our truth then we are certainly ready to deepen the knowledge and wisdom that has come from our Soul throughout this journey.

My friends this is our Spiritual and Soul Pathway.

This time right now may be the very time to reflect and appreciate our escape from the very fear that surrounds us brought about from again another moment in history that may well resemble times past. To take a moment to know who we are and to celebrate the skill learnt so that we feel that we are ready to believe that we have the courage and ability to be assured of the closeness of consciousness encouraging us to learn and move forwards. Let us establish and deepen our power within. Our intuition is ready to expand, strengthen and know the way. Often we speak of our gut reaction. I would suggest this is the wisdom of our Soul.

Let us allow our Soul to continue to speak to us. We are sixth sensory beings. We can do this and go forward from strength to strength.

Love life. Love your life. Live it to its full in truth, wisdom that comes from within. Acknowledge how you have changed and found who you truly are.

Now you are ready. Continue to progress, love yourself and share your love to assist others.

*Dorothy Young*