

Sunday Service 23rd August 2020

Written and recorded by Gina Langsfield

during the closure, for the

Spiritualist Association of Great Britain

Good afternoon to you all. Thank you once again for joining us for today's reunion.

This is Gina Langsfield speaking to you on behalf of the SAGB. And asking those joining us on Zoom to please give a warm welcome to today's medium, Penny O'Meara, and to our chairperson Peter Smith.

Would you please join me in prayer.

Dear God, loving Spirit.

We pray today for the victims of all the recent tragedies, of Covid, the Beirut explosion and the derailed train in Scotland. And for all who have passed recently and their families and friends. We pray also today for those lonely souls worldwide who feel unloved, unappreciated, forgotten or alone.

Please let them find a way to realise that we are never alone, that the love of Spirit surrounds us always and that we are encircled forever by loving, healing, comforting light and warmth, and the nurturing protective love of unseen family, friends and guides.

Amen

Today I have written a poem which will very much reflect the feelings of all those groups all over the world, who may feel lonely, unappreciated and perhaps wonder why.

The poem is called 'What did I do'

Sometimes I ask God, why does nobody want me?

I search my soul, wondering what did I do to cause love and affection to allude me.

Why am, I always pushed to the back of the queue.

I have never deliberately hurt anyone. I have done my best to prove myself sincere.

Yet somehow, whenever I feel at my lowest ebb, there is no loving soul anywhere near.

I am surely no less worthy than anyone else, to sometimes have a shoulder to cry on.

Yet, despite my caring for so many others, why do I never have a certain one to rely on?

I have tried to be supportive to others when they go through times of despair, yet though I see so many with loving friends to turn to, when I'm alone and hurting there is no one to care.

I spoke to Spirit and asked them these questions, apologising for self-pity and for sounding aggrieved, yet needing to ask them why I was so unworthy of love?

And here are the words I received.

My child, we watch you with sadness, for we know every tear that you shed.

We understand your life is not an easy pathway and how you fear lonely years ahead. But what your earthly memory fails to remember, is that agreement you made before birth.

To learn the lesson of giving rather than receiving. Through your next incarnation upon earth, you agreed to undertake on a soul special purpose. Which is hard now for you to understand, to perform a service of caring for others of the blue-print you lovingly planned.

You did share part of your life in loving union and those that love you are now out of sight, their love is even stronger from Spirit and you are surrounded by their halo of light.

But now you have reached a point in your life where you need to try to stay strong.

You may feel alone but Spirit are always with you, to guide your steps as you go along.

And, yes you may wonder why others seem to have people who rush to their sides, why you seem to have to fight your battles alone, with loving support for you always denied.

But that is your test for this moment in time to give you strength for your chosen role. To learn courage, trust and wisdom to aid some other suffering soul. It will not be this way forever, for each soul every experience has its season, and though things may seem unfairly balanced for each occurrence there will be a reason.

Some souls may have an easier route where they are able to lean upon others, but some need training as leaders to be there for their soul sisters and brothers. So if you feel you have been assigned a special task, try to accept it and do your spiritual duty. And trust that your rewards will be some day many in the spiritual world of love and beauty.

Earth life will yet have its compensations, and things could change for you very soon, just as the coldness of a January day will eventually be replaced by the warm sun of June. But just do your best in the present moment and when loneliness becomes too much to bear just turn to us in Spirit and know that our love will always be there. Let your heart be uplifted by the service to others, and though you sometimes feel emotionally that you are not needed, take comfort in knowing some more fragile soul may be soldiering on because of your wise old advice they have heeded.

So remember dear child, when you're pining for loved ones lost to Earth and sadly feeling uncherished by family or friends, trust you have not been forgotten and that the circle of life and love never ends. So just go forward and keep serving Spirit, and take pride in playing your best in part, knowing that often those who feel unwanted on earth are some of the dearest of all to Spirit's heart.

On behalf of our manager Karl and the trustees, our staff, mediums, healers and of course myself Gina, God Bless you.

For those who joined us on Zoom back over now to Karl Duncan

Spoken by Gina Langsfield

Background Music – You'll Never Walk Alone