

# *Sunday Service March 28th 2021*

*Written and recorded by Gina Langsfield*

*during the closure, for the*

*Spiritualist Association of Great Britain*

Good afternoon to you all this is Gina Langsfield, welcoming you once again on behalf of the SAGB to our Sunday Reunion.

For those joining on Zoom please also welcome our medium for this afternoon, Terry Tasker and our chair-person Karl Duncan.

Would you please like to join me in prayer

Dear God, loving Spirit

We give thanks today for the knowledge that whatever we face in life, joyous or unhappy you are right here to support us. Our Heavenly Father/Mother and our Spirit sisters and brothers help us to find the right path always and guide us through all our obstacles safely and with courage and resolve.

Amen

Today I would like to read you one of my poems 'Stepping Stones'

How perfect it would seem to us if wisdom was the golden key always when hand in hand with happiness But that is not how it is sometimes meant to be. The sunniest times within our lives for which understandably we yearn do not necessarily always provide the opportunities for the lessons we are here to learn.

Each moment of life is a stepping stone to help us cross life's stream and sometimes just keeping our balance is not as easy as might have first seen. Some stones quite close together, where we can jump lightly from one to the next but others are more uneven and leave us nervous and perplexed. Then sometimes we'll lose our footing and fear we are being swept away, until we are miraculously helped towards a solid surface and we live on to fight another day.

Perhaps for awhile we are content to relax on a grassy bank of healing green, But at some point most of us will face again some rocks across another stream, we may do our best to turn away and find an easy path instead... but fate may have other plans in store and we end up going where we are led.

Those stepping stones in life cannot always be avoided, some will just be some for us to get across, to conquer others we may need more courage to face fears, hardships or loss. But with each stepping stone comes a lesson whether we tread the path in treacherous winter or in the joys of spring. Whether we slip and slide on through the pain or enjoy a day of sun when we can dance and sing.

It isn't always easy as our pathway doesn't always seem fair but just remember in times of joy or peril our Spirit Guardians always care. They cannot always safely shield us through those times we may stumble and fall, for it is sometimes during those darkest times of our life that our souls grow in wisdom most of all.

But they always stand close beside us and though we think we may not hear they're voices our soul often recognises their guidance and it is that that helps us make the right choices. So know that Spirit love you and give you strength and share your happy times and your moments of strife, and are waiting with outstretched hands to help you across some day to the other side of the stepping stones of earthly life.

On behalf of our manager Karl and the trustees, our staff, mediums, healers and of course myself, we wish you all a safe and easy pathway.

And now for our listeners on Zoom back over again to our chair-person and our manager Karl Duncan.

*Spoken and written by Gina Langsfield*

*Background Music – Footsteps*