

Sunday Service 9th August 2020

Written and recorded by Gina Langsfield

during the closure, for the

Spiritualist Association of Great Britain

Good afternoon Ladies and gentleman. This is Gina Langsfield speaking to you on behalf of the SAGB. Once again, warmly welcoming you to our Sunday get together. And for those joining us on Zoom today, please welcome our medium, Pauline Mason, and thanks to our chairperson Penny O'Meara.

Would you please like to join me in prayer.

Dear God, loving Spirit

We give thanks today for each blessing we may have in our lives, the large or the small. For the air we breathe and the food we eat. For the beauty of things, we may see, hear or feel. For a life shared with a beloved family, or for the embrace of a dear friend. For the some things we love, for the work we enjoy doing, and for the comfort of sleep. For spiritual knowledge, for life, for hope. We offer our thanks.

Amen

I have a poem written for you today, which is called 'The blessings we shall not take for granted.'

When sorrow falls upon us, and our world seems void of hope. When fog, obscures our vision and blindly, we fearfully grope, it is then we turn to Spirit and need to trust that they are there. That they know our desperate longing that they love us, and they care.

But perhaps these times are a wake-up call, to make us see with open eyes, the blessings we should not take for granted when the sun lights up our skies.

The precious gift of family where they share our life upon the earth, and the joy of knowing they are still with us, after their Spirit life rebirth. The blessed gift of knowledge, that life will never end, that secure joy in knowing the love of a true and devoted friend.

The holidays and outings we look forward too each year. The Christmas celebration with their atmosphere of cheer. Simple pleasures, a shopping trip or sports event, a celebratory meal, work that brings security and sense of achievement.

The happiness we feel when spring daffodils first come into bloom and skies are blue again, then when we are hot and tired the coolness of the rain, the tranquillity of a babbling brook. The times of quiet contemplation, then the times of fun and laughter joined with others in celebration. The upliftment of beautiful music. The bird song of each dawn, or the peace of night time stillness followed by the hope of at morn. The majesty of mighty waves as they lap upon the shore.

The New Year's anticipation, of what life may have in store. So many things large and small, are all blessings from above sent to us from Spirit as a sign of God's great love. So perhaps we need to understand, that through our times of human sorrow, we learn to appreciate so much more of blessings of happy times past and those we may be blessed again tomorrow.

So, we may never again take for granted, those things in love which so much joy and pleasure but will know they are gifts of love from Spirit which we will forever cherish and treasure.

On behalf of our manager Karl and the Trustees, our staff, mediums, healers and of course myself, Gina Langsfield thank you for joining us. And for our friends on Zoom I now hand you back over to Penny O'Meara

Spoken by Gina Langsfield

Background Music Gracie Fields – At The End of the Day