

*Sunday Service 7<sup>th</sup> June 2020*  
*Written and recorded by Gina Langsfield*  
*during the closure, for the*  
*Spiritualist Association of Great Britain*

*Good afternoon everyone, this is Gina Langsfield, speaking on behalf of the SAGB. And for our listeners on Zoom a warm welcome to our medium for today, Pauline Mason, and a thank you as always to our chairperson Penny O'Meara.*

*Would you like to please join me in prayer.*

*Dear God, loving spirit, we thank you for seeing us through these past months. Knowing that all our hope, trust, strength and comfort, are designed gifts from you.*

*Please let us hold close those gifts and continue to use them wisely.*

*Please let your Angels of healing, place a golden cloak of protection around the bereaved, the sick, the fearful and the lonely, and let the first tiny glimmer of light soon develop into a long awaited rainbow.*

*Into your hands we commend the people of our troubled earth and let us send love and light across the globe, in the realisation that universal love, justice and fairness, are the eternal laws of Spirit.*

*Amen*

*Through these past months, most of us will have felt we needed extra support at some point, and the Spirit world will always see that we have them.*

*The poem I have written for you today, is called*

*Spirit will carry us through.*

*When our pathway becomes treacherous and we carry a heavy load.*

*Never fear that we are alone, as we stagger along the road, however steep the hill we may have to climb, or how low that we may fall.*

*We need to know those are the times, when Spirit comes closest of all.*

*For what we need to understand, with earthly light sometimes seems to hard to live that Spirit will always carry us through, by the strength of the love they give, their love is unconditional, just call and they are there.*

*Our love won't know any torment they are facing every fear we have to bear. Service is their coinage, love the language they speak, they are our companions in times of happiness, and our comfort when times are bleak.*

*We all have lessons we need to learn, and some seem so cruel and unjust, but spirit ask us to never waver, and to lean upon them, and just trust. For each of us follow a blueprint that sometimes bring us more than our fair share of sorrow.*

*But for each there will be a happy ending, and the promise of a joyous tomorrow. So if ever darkness falls upon us again, and we feel there is no hope in view. We must take the invisible arm of Spirit, with trust in our hearts and know their love will always carry us through.*

*Perhaps at this time more than ever, we need to understand that even with love is all some of us may have to give, it is the most important gift, and the one everyone needs.*

*We all have some way we can reach out with that gift, to our family, friends and the world at large. Different types of love, and all of them desperately needed by someone, this is the gift that physical separation, lack of finances or a busy schedule, needn't stand in the way of us giving, it is priceless, it is limitless, it is of the Spirit.*

*On behalf of our manager Karl and the trustees, our staff and mediums, healers and myself Gina we send them love which we extend to you all.*

*God Bless*

*I now return you into the hands of Penny O'Meara*

*Spoken by Gina Langsfield*

*Background Music: Engelbert Humperdinck – Love is All*