

Sunday Service January 10th 2021

Written and recorded by Gina Langsfield

during the closure, for the

Spiritualist Association of Great Britain

Good afternoon to all

This is Gina Langsfield, welcoming you on behalf of the SAGB, and for those joining us on Zoom a warm welcome also to our medium for today, Pauline Mason, and to our chairperson, Penny O'Meara.

Would you please join me in prayer.

Dear God, loving Spirit

We ask that your light and love sustain us over the coming weeks and remains with us always when we re-emerge soon into a much better, safer world once more.

Amen

Today, at a time of so much bereavement, I would like to you one of my poems which is called 'Sunset and Sunrise.'

Look my darling, through the window as you sit weeping by my side, and never look back upon this day as the day you think I died.

Observe the glorious colours as the sun begins to set, to give way to the darkness which when it falls must be bravely met, for we know it is only temporary. And after a few hours of darkest night, the sun will rise again to greet us and return us to a world of light. So, it is with me beloved, just like a leaf to that sinking sun.

You feel you watch me fade away as my day on earth is done. But I am light eternal and shall rise up once again, just as sunrise follows sunset, just as the rainbow follows rain.

Do not think of me as dying, though I take my final earthly breath, for I am really making a little journey, there is no such thing as death...I just go on ahead of you and prepare the life that we shall someday enjoy again together when it is your time to come home to me.

Until then I'll be waiting for you and I shall still walk at your side though you may not feel or hear me, I shall still remain your loving companion and guide. I have no fear as where I am going, only sadness that we physically part.

But I still live on and share life with you and I carry you always in my heart. Try to find peace within your soul, though it is hard for you I know, for I cannot bear to see your anguish because my darling, I love you so...

Just think of all our good times and trust that many more lie just ahead for though I may be in Spirit, you must not think of me as dead, I shall be walking at your side and kissing your dear face, sharing all just as we used to do, comforting you in my embrace.

Tonight our sun is setting and making you grief stricken and forlorn, but tomorrow promise, to open your weeping eyes and look through the window at dawn, you'll see the sun is rising and know I have risen too. I'll be standing at your side strong and well again and sharing that moment with you.

Then as you journey through the passing years, many sunsets and sunrises will come and go, but through them we shall still stand strong together, much closer than you know until that final majestic sunset when I take you joyously by the hand and we walk together to watch that happy sunrise of our journey home to the Spirit Land.

On behalf of our manager Karl and the trustees, our staff, medium, healers and of course myself, thank you so much for joining us today. And, our Zoom listeners back over now to, Penny O'Meara.

Spoken and written by Gina Langsfield

Background Music – Sunrise Sunset